



Task Force 1: Good Healthy Schools Initiative (GHSI)

Connecting experts,
sharing insights, shaping
the future of education



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A Tale of Transformation

<https://unsplash.com/de/fotos/graustufenfoto-von-menschen-die-auf-einem-stuhl-sitzen-n1LlveUPts4>



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A Shift to Good Healthy Schools



https://unsplash.com/de/fotos/ich-liebe-es-bleistiftbeschilderung-an-der-wand-in-der-nahe-des-gehenden-mannes-zu-lernen-WE_Kv_ZB1l0

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A New Paradigm

1

**Holistic
Integration**

2

**Inclusive
Engagement**

3

**Sustainable
Change**



A Story of Success

<https://unsplash.com/de/fotos/braunes-und-weisses-betongebaude-in-der-nahe-von-grunen-baumen-tagsuber-S1zLmRBgR6Q>

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Outcomes that extend far beyond health

1

Enhanced Academic Achievement

2

Improved Mental and Emotional Well-being

3

A Positive School Culture



GHSI Milestones Achieved



Next Upcoming Milestones

Our Call-to-Action

- join our community
- share best practices
- learn from each other

email jennings@leuphana-gmbh.de
for an invitation to our community!

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Comparison of Various Strategies to Promote Health in Schools

| | Behavioural Approach | Health-Promoting School | Good Healthy School |
|-----------------------|--|---|--|
| Starting Point | Health issue | Health issue | School pedagogical issue |
| Target Group | Specific groups of individuals (e.g., students) | All school groups | All school groups |
| View of School | School as a place where the target group can be reached | School as a setting that can be health-promoting | School as an educational institution |
| Concept | Health promotion in the school | Health promotion through the school | Educational promotion of the school through health |
| Motto | Making health a topic for specific target groups | Making health a topic for the school | Developing a good school through health |
| Strategy | Changing personal determinants of health | Changing structural-systemic and personal determinants of health | Changing structural-systemic and personal determinants of education through health interventions |
| Outcomes | Health-related knowledge, attitudes, behaviour of the target group(s) Health-related lifestyles Health-related life skills | Health-promoting school conditions, processes, and structures Health-competent school | Educationally favourable school conditions, processes, and structures |

Table: School health promotion from Ottawa to today: opportunities and challenges, Bundesgesundheitsblatt - Gesundheitsforschung - Gesundheitsschutz 7-8 · 2022, Peter Paulus, Juni 2022

Project Details

Legal stewardship: Leuphana GmbH, Dept of Education & Health

Three-year international project: Feb '23 - Mar '26

Project owner: Prof. Peter Paulus, Centre for Applied Health Sciences at Leuphana University Lüneburg

Project Manager: Maren Jennings

Patron: German Social Accident Insurance

In partnership with ENETOSH



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