

29th ENETOSH Network Meeting

A Human-Centered Approach to Digital Education and Training

Session 2: Improving the quality of education through the Good Healthy School Initiative (GHSI)



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December 10, 2024



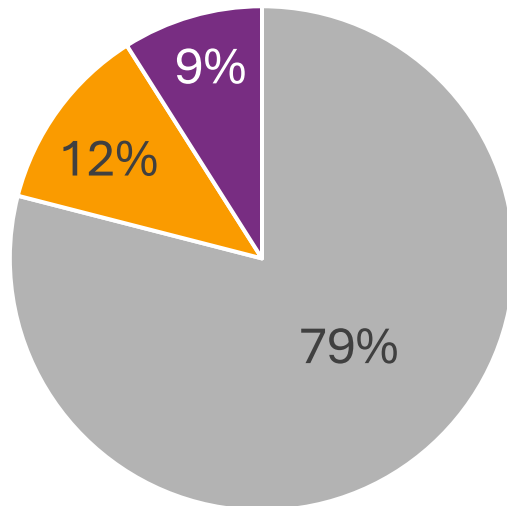
Good Healthy School Initiative

- Connecting Experts
- Sharing Insights
- Shaping the Future of Education



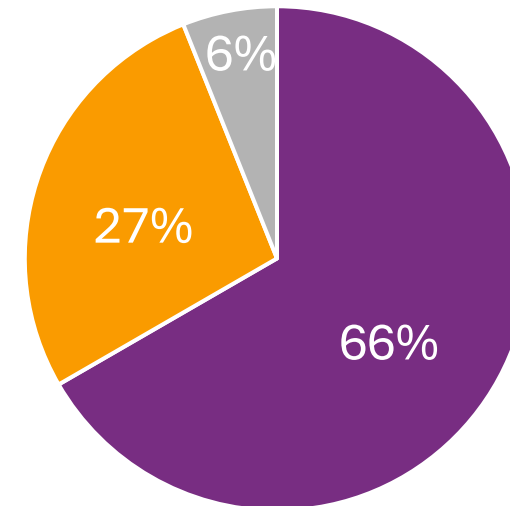
Mental Health: Survey 2024 (8-17 years; SDQ, KIDSCREEN)

Psychological Issues in
Children and Adolescents



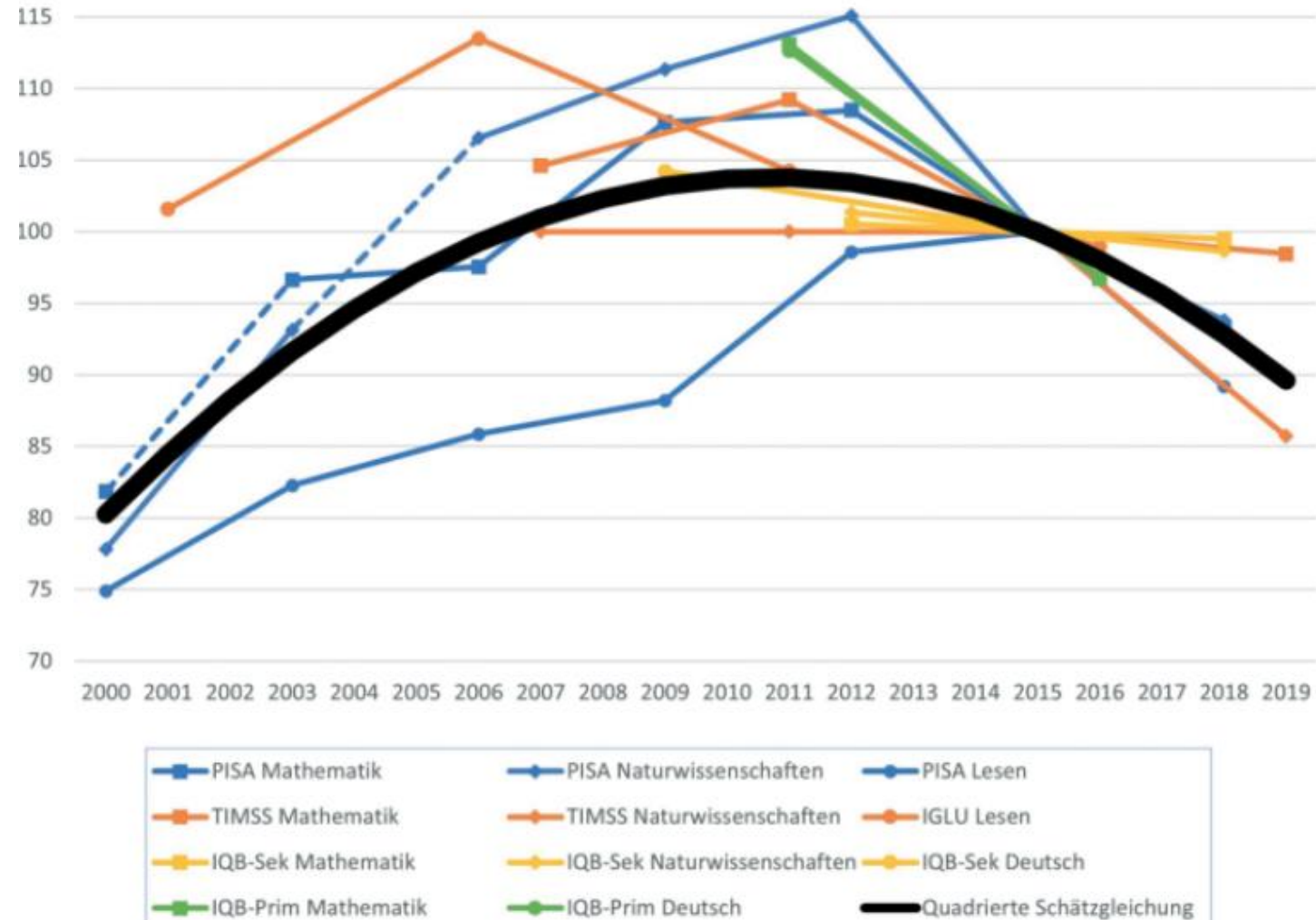
■ Normal ■ At Risk ■ Disorders

Quality of Life in Children and
Adolescents



■ Moderate ■ Low ■ High

Sad Smiley – Achievements of German Pupils from 2000-2019



Wößmann, L. (2024). Erkenntnisse aus aktuellen Schulleistungsstudien zur Evaluation des Bildungssystems. In McElvany, N. et al. (Eds.). Evaluation des Bildungssystems. Welche Erkenntnisse liefern aktuelle Schulleistungsstudien?(pp. 9-32). Münster: Waxmann

What is the Good Healthy School Initiative?

- The GHSI is a three-year international project to identify national and international partners who share a passion for creating healthy, thriving school environments for better educational results.
- The approach is simple, yet powerful and innovative: by integrating health interventions into schools' organizational and educational frameworks, stakeholders can improve overall educational outcomes and school quality.



How GHSI differs from incumbent health promoting concepts

“ Central to the GHSI is that health is both an input and throughput factor driving better scholastic outcomes, rather than an output of the curriculum or teaching methodologies ”

Chapter 12: School heads as change agents: Salutogenetic management for better schools, Paulus 2010 and Paulus & Hundeloh, in Bollmann & Boustras 2020

Comparison of Various Strategies in School Health Promotion

	Behavioural Approach	Health-Promoting School	Good Healthy School
Starting Point	Health issue	Health issue	School pedagogical issue
Target Group	Specific groups of individuals (e.g., students)	All school groups	All school groups
View of School	School as a place where the target group can be reached	School as a setting that can be health-promoting	School as an educational institution
Concept	Health promotion in the school	Health promotion through the school	Educational promotion of the school through health
Motto	Making health a topic for specific target groups	Making health a topic for the school	Developing a good school through health
Strategy	Changing personal determinants of health	Changing structural-systemic and personal determinants of health	Changing structural-systemic and personal determinants of education through health interventions
Outcomes	Health-related knowledge, attitudes, behaviour of the target group(s) Health-related lifestyles Health-related life skills	Health-promoting school conditions, processes, and structures; Health-competent school	Educationally favourable school conditions, processes, and structures

Table: School health promotion from Ottawa to today: opportunities and challenges, Bundesgesundheitsblatt - Gesundheitsforschung - Gesundheitsschutz 7-8 · 2022, Peter Paulus, Juni 2022

Community – Get Involved!

Join our growing network of experts! Share your ideas and best practices with others!

- Welcome to the GHSI Community Tool!
<https://www.skool.com/goodhealthyschools/about>
- It connects health & education professionals with other key stakeholders who are committed to using health as a catalyst for scholastic outcomes
- Provides a space for collaboration, knowledge sharing, and mutual support
- Empowers members to drive meaningful changes in educational quality through health-focused initiatives.



GHSI - Good Healthy Schools
skool.com/goodhealthyschools

Collaborate with like-minded professionals to implement comprehensive health strategies that improve educational outcomes.

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Members	Online	Admin

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Project Details and Partners



Project Details:

- Three-year international research project: Feb '23 - Mar '26
- Legal stewardship: Leuphana GmbH, Dept of Education & Health
- Sponsorship: German Social Accident Insurance (DGUV)
- Leuphana GmbH is a fully owned subsidiary of Leuphana University Lüneburg, engaged in both scientific and economic activities.

Sponsor:



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Partners:



Our Call-to-Action

- join our community
- share best practices
- learn from each other

