

**EMZ**



**MiMi –**  
**with Migrants for Migrants**  
 Improving Health Systems for  
 Migrant Populations

Ramazan Salman (Germany)  
 Founder MiMi-Project  
 Executive Manager, Ethno-Medical-Center

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**EMZ** **Ramazan SALMAN**

is experienced in capacity building in migrant communities through establishing the train-the-trainer system "transcultural mediator training" in the health and social sector over the last 15 years throughout Germany.

In 2006 the Ashoka Foundation acknowledged him as social entrepreneur.




His key model for train-the-trainers "MiMi - mit Migranten für Migranten" has been recommended as a best practice model by the Federal Minister of State for Integration.

He was born in Turkey, studied in Germany (Medical Sociology) and is Research Fellow at the Medical High school Hannover (Applied Cross-Cultural Research).

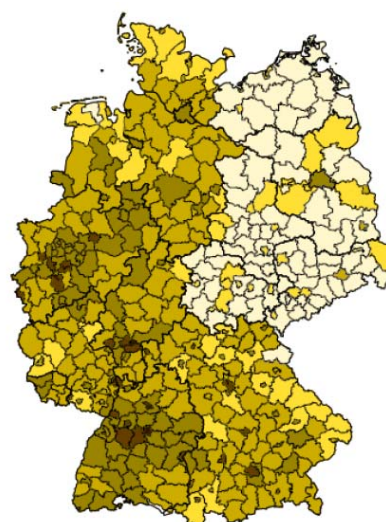
- Managing Director Ethno-Medical Center (NGO)
- Member of Hannover Medical School

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- IOM 2005: Migrants worldwide 185-192 Mio.
- Germany: 18 Mio. persons with an migration-specific background
- Socio-economic-panel (SOEP) – 2003:
  - income Migrants in Germany: 1077,60 €
  - income Germans in Germany: 1470,20 €
- Muslims in Germany 3.300.000



96% of inhabitants with a migration background are living in Western Germany and Berlin

Highest proportions of inhabitants in

Stuttgart 40.1%

Frankfurt/Main 39.5%

Nürnberg 37.3%

Proportion of inhabitants with a migration background

< 5%	5% to <10%	10% to <20%
20% to <30%	30% to <40%	>40%





- Increased infant mortality
- Increased mortality of mothers
- Children < 6 years are more often involved in traffic accidents
- More deaths through drugs consumption
- More affected by TBC, HIV / AIDS, Hepatitis
- Migrants > 40 are less satisfied with their state of health
- Higher number of PTBS depending on status of migration
- Higher industrial accident risk for migrants in companies
- ore prevalent obesity /adiposity
- Young migrants smoke more
- Higher number of occupational disability
- More effected by depression



- Low levels of knowledge (theoretical, rights)
- High levels of discrimination (internal/external)
- Dual(+) marginalization of e.g. People with HIV/AIDS
- Lack of self-organization of interests
- Language barriers
- Barriers in health and social systems
- Lack of targeted funding for community-based health education
- Changing trends (labour migration, repatriation, refugees, nationalization, asylum seekers...)
- Impact on population level
- Demographic frameshift  
(< 6 y.o. in bigger cities >40% non-German origin)
- High number of in/out migration

**EMZ** **Health Issues of Migrants in Europe**



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**EMZ** **Health Issues of Migrants in Europe**

- 89 % of migrants would like to receive more information about offers und services of the German health system.
- 90 % of migrants stated that it is very important that information events be conducted in their mother tongue.
- Older migrants are less informed
- Younger participants do not speak freely in the presence of older participants



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**EMZ** **Alma Ata Declaration 1978**

- Health is a basic human right (article I).
- Unequal distribution of health-status is politically, socially and economically unacceptable (article II).
- Participation of the population in planning and implementing health care (article IV).


1978 WHO-UNICEF Alma-Ata Declaration

**EMZ** **Migrants have little information**


and knowledge about

- health system
- diseases
- therapies
- prevention
- rights



↓


**cultural mediators  
increase compliance towards  
consulting and therapy**



**EMZ** **MiMi – Empowering Migrants**

**MiMi started in 2003.**

**Since then, the project has expanded to 37 cities, involved more than 120,000 immigrants.**



**MiMi** **BKK**

Mit Migranten für Migranten  
Interkulturelle Gesundheit in Deutschland

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**EMZ** **MiMi – Empowering Migrants**

**Goals and Objectives:**  
**The “MiMi - Migrants for Migrants. Intercultural Health in Germany” programme recruits, trains, and supports intercultural mediators to teach German health system and health topics to their migrant communities.**



**MiMi** **BKK**

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**Idea of the project:**  
Migrants with a high social index inform migrants with a low social index about health promotion and prevention and motivate them to live healthier and make use of the offers of the German health system




The programme does not see migrants as victims of their situation but as experts in their own cause who have often developed positive coping strategies and resources from their personal history, of which ideal use could be made.



**EMZ** **MiMi – Empowering Migrants**

**MiMi empowers migrants to design, conduct and self-evaluate community based prevention campaigns in a transcultural team of mediators.**


**MiMi empowers migrants through participative processes.**



Mit Migranten für Migranten  
Interkulturelle Gesundheit in Deutschland

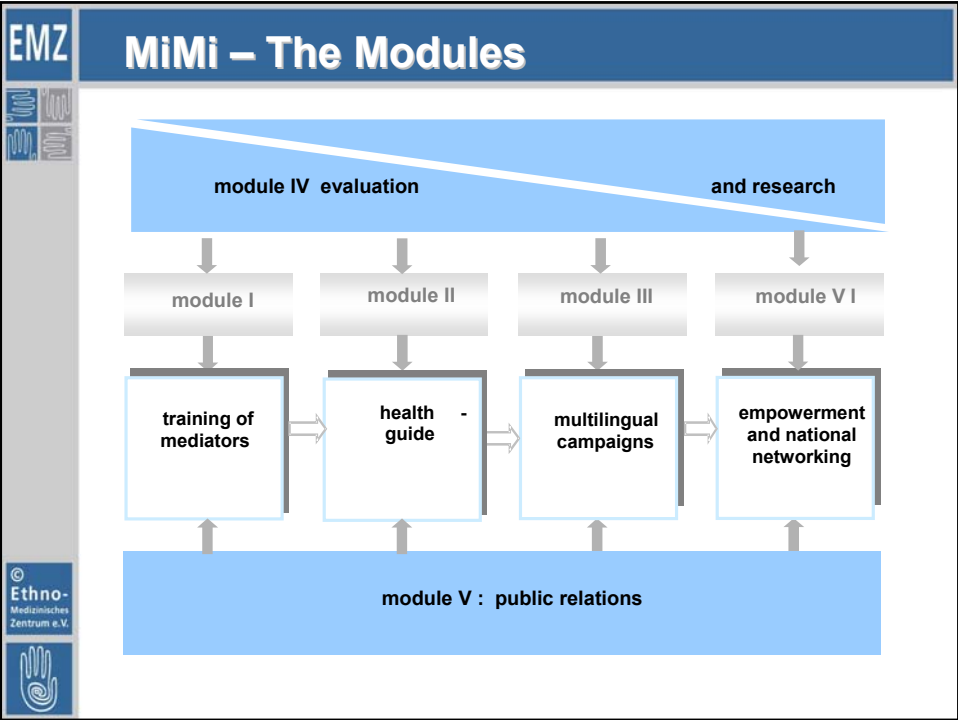
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**EMZ** **Some Support is essential**

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**EMZ** **MiMi- Health Guide's**

Das deutsche Gesundheitssystem  
für Migranten und Migranten

**Wegweiser**

Gesundheit Hand in Hand.




 



**The MiMi-Health  
Guide's are available  
in 15 languages.**

Deutsch




**Gesundheit erhalten**  
Früherkennungsuntersuchungen und Vorsorgeleistungen  
in Anspruch nehmen

**Mit Migranten für Migranten**  
Interkulturelle Gesundheitslotsen in Hessen



HESSEN  

Ein Leitfaden für Zuwanderinnen  
und Zuwanderer in Hessen

**EMZ** **MiMi- Multilingual Campaigns**





**EMZ Empowerment and national Networking**

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**EMZ MiMi – Research and Evaluation**

**MiMi transculturally reaches, educates, activates and empowers:**

- women (60 - 70% of Users) and families
- elderly and more recent immigrants
- different levels of integration and acculturation
- different social strata
- socially committed individuals

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EMZ **MiMi – Public Relations and Politics**







German Commission for  
Integration  
for MiMi

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EMZ **MiMi – Some Results**

- mediators: high social index: 77%
- participants: low social index: 42%



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- ... can provide evidence-based health information.
- ... are socially competent and highly motivated.
- ... find satisfaction in working in a transcultural network.
- ... can build on a professional history and background.
- ... are >50% female, young and have two children or more.
- ... can apply tools of (self-) evaluation.



- ... have a low health literacy.
- ... are a socially and culturally mixed group.
- ... have been personally invited to participate in the events.
- ... are mostly female and have two children or more.
- ... gain knowledge & decide to change attitudes and behaviour.
- ... are motivated to further follow up with questions.





- **Continuous high voluntary commitment and interest among mediators**
- **High satisfaction of local actors**
- **High demand for mediators from other parts of Germany Lack of public funding for the system**
- **Self-help capacity has been built up**



**Thanks!  
Danke!  
Teşekkür!  
Merci!**

**Ramazan Salman**

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