



**Thomas Gastberger**

Noise association, Zürich  
(canton of Switzerland)

**Institution/project**

Loudorama

**Short description of the institution/project**

The association belongs to the construction supervision council of the canton, which is responsible for precautionary measures, redevelopment processes and information services regarding the noise issue. There, the main focus is on noise problems with respect to traffic.

**Short biographical note**

- Diploma in geography
- Head of the anti-noise operations department
- Born in 1957
- Mr. Gastberger started his career with a project for the promotion of a natural and child-oriented school environment. Afterwards, he worked in a planning department, where he was in charge of several noise protection and structural design development programs. Since 15 years, he works at the noise association, where he is responsible for project planning and information service activities.

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## **Raising awareness of soft and loud noise: “Who you are is what you listen to!”**

Thomas Gastberger, Noise association, Canton Zürich

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The speech “Who you are is what you listen to!” offers an effective noise experience for teenagers aged 15 years and serves as an introduction of the theme noise.

The speech communicates knowledge in an entertaining way. The pupils learn how noise impacts people. With the help of a public address system trucks and cars seem to boom directly through the class room. At the end out of a sudden silence appears again, calmness is noticed. Sound waves which damage hearing are not in the centre of interest however sounds which are experienced as noise and which have an impact on psyche and health are considered: noise as disturbing sounds exhaust, make nervous and raise blood pressure. With the example of traffic noise, future car drivers learn how to prevent the impacts in conclusion.